

Welcome to the Family Games



We love to watch competitions—to see our favorite athlete in the Super Bowl, the Olympics, the World Series, the World Cup, or some other competition. Many of us love to compete, too. Competition hones our skills and motivates us to improve. Why not use that competitive spirit for good in your home? Let the power of competition motivate your family to reach new heights of intimacy, fun, and camaraderie. Enjoy the competitions described in this brochure to help your family members hone the skills necessary to strengthen your family!

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Where everyone wins!



**Competition to build
family intimacy!**

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The Family Games



The Apology Dash

We all do things that hurt other family members. But, you can be the first to apologize for the hurt you cause. Run the 100 yard dash to cross the finish line of apology first and win the joy of restored relationships. Take a victory lap and enjoy the new found freedom of knowing you took the "monkey of guilt" off your back and "opened the door" to deeper intimacy by apologizing for the hurt you caused.

The Kindness Swish

Acts of kindness will surely score you points in the family games. Most acts of kindness are shot from the 3-point line: hold the door—3 pointer, give a backrub—3 pointer, give a hug—3 pointer, do the dishes, throw in a load of laundry, and bring home some flowers—all 3 pointers. The list goes on. The Kindness Swish is a high scoring game. Points add up quickly and relationships grow exponentially.

Score a Compliment

I can hear the announcer now... "He takes a step toward the table and looks at the food. He smiles. He shoots...a compliment" "Wow, that compliment was the perfect shot." "He sees a look of confusion on his wife's face. She doesn't understand the compliment. But he recovers and offers the compliment again. What a recovery!" Imagine a comment like "Supper really smells good" followed by the announcer, "What a shot, straight to the net. His kids nod in agreement. His wife's eyes sparkle; her smile grows. And... he...scores!" That's how you score a compliment. Keep track one day to see who offers the greatest number of sincere compliments ...shoot and score!



Politeness Polo

We do not play politeness polo as much as we used to; but, it is a fast-paced family game filled with anticipation and fun. In this game you score big points by "hitting it with politeness." "Thank you," "Please," "Excuse me," "Sorry," & "Let me help you" all score big points. Family members have the potential to score at least 5-10 times in mere minutes during this fast-paced game. Imagine the scoring sequence (scoring is capitalized): "Will you take out the garbage, PLEASE?" "MY PLEASURE." "THANK YOU." "YOU'RE WELCOME." Four scores in mere seconds! Imagine the score for the day!

Out of the Park

*This is my favorite game. Showing grace hits it "out of the park." Show grace by giving your attention, your energy, or your time with no expectation of return. The greatest players of **Out of the Park** display sacrifice. They will do another's chore, give up the last cookie, or apologize first...with no strings attached. You get the idea, give up your desires and fulfill your family members' desires to "hit it out of the park." a grand slam over center field!*